

Name	
MRN	
Doctor	
Date	
Cast Type	
RN	

Taking care of your splint or cast:

- Keep your splint or cast dry.
- Do not apply powders or deodorants to itching skin, if itching persists, contact your doctor
- Inspect the skin around the cast, if your skin becomes red or raw around the cast, contact your doctor.
- Never remove the cast yourself

Warning signs following splint or cast application which need to be reported to your Doctor:

- Increased pain, which may be caused by swelling, and the feeling that the splint or cast is too tight
- Numbness and tingling
- Burning and stinging
- Excessive swelling below the cast
- Loss of active movement of toes or fingers, contact your doctor
- Any foul odor
- Skin color becomes blue or very pale

Date of Cast Removal: _____

RN Name: _____

For any questions or clarification do not hesitate to contact Emergency Department at 01/372888 extension: 1900-1911



Cast: Care at Home

Contact info:
 +961 1 372888
 ext: 1900