



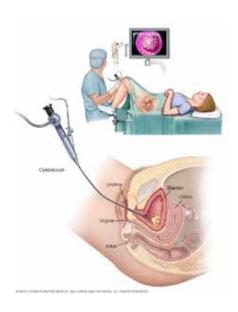
Cystoscopy

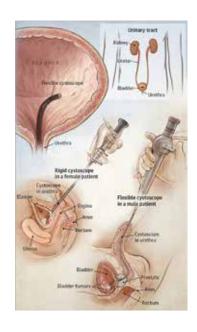
For any questions or clarifications please call your doctor or call urology clinic at 01/37288 ext.1140 during working hours or call emergency Department ext.:1900

Contact info: +961 1 364283 ext: 1140



Cystoscopy is a procedure that allows doctors to look inside the bladder and the urethra, (the tube that carries urine from the bladder)
If necessary, your doctor can pass surgical instruments through the cystoscope to perform specific procedures. In most cases, a simple cystoscopy lasts 5 to 10 minutes. Procedures that are more complex take longer.





## Preparation

- Your doctor will review your medical and surgical histories, current medications and history of allergies. If you may be pregnant, tell your doctor before the procedure.
- In most cases, you will be awake during the procedure. If you need general anesthesia (meaning you will be unconscious during the procedure), your doctor will tell you not to eat or drink water from midnight before.

- You may be asked to provide a urine sample before the procedure to check for a urinary infection. You may be given antibiotics prior to the procedure. If you have a heart condition such as a heart valve, or have an artificial prosthesis (e.g. hip or knee), tell your doctor before the procedure as you may need additional antibiotics.
- Cystoscopy might be delayed if there are signs of urine infection.
- You should not resume anti-coagulant medications before consulting the doctor

## Post cystoscopy:

- You may see a small amount of blood in the urine.
- You may notice a burning sensation when you urinate, first 2 days
- You may need to urinate more often than usual
- To help flush your urinary tract and prevent a urinary tract infection, drink six to eight glasses of water every day.
- Call your doctor a few days after your procedure to find out the results.

## Risks:

There is some risk of abnormal bleeding and urinary tract infection. There is minimal risk that the cystoscope may injure or puncture some part of your urinary tract.

## When to call your doctor:

After cystoscopy, call your doctor immediately if:

- Urinating is unbearably painful or difficult, or you can't urinate at all
- Your urine is red or has blood clots
- You develop a fever, with or without chills.