



مركز كليمنصو الطبي
CLEMENCEAU MEDICAL CENTER

AFFILIATED WITH **JOHNS HOPKINS** INTERNATIONAL



Head Trauma

What you need to know



You need to be closely observed and attended for 24hours after the incident.

You or the person who assists you must call the Emergency Department if:

- You are confused, unusually drowsy, lethargic, or unconscious. (Loss of consciousness at any time even if brief).
- You stop breathing.
- You develop a severe headache or stiff neck
- You vomit (especially more than once)
- You behave other than your usual self.
- You have any bleeding or discharge from the ears or nose
- Ask the person who assists you to wake you up every 2 to 3 hours while you are sleeping, the, need and ask simple questions, to check alertness, such as "What is your name?" However that person **MUST NOT** shake you if you seem dazed.
- **DO NOT** take aspirin or anti-inflammatory medications because they can increase the risk of bleeding. Pain medicine such as paracetamol may be used for a mild headache.
- **DO NOT** drink alcohol within 48 hours of a serious head injury.

**For any questions or clarifications do not hesitate to contact
Emergency Department at 01/372888 extension: 1900-1911**

Contact info:
+961 1 372888
ext: 1900