



FIRAS FARHAT, MD

Otolaryngology-Head and Neck Surgery
Rhinology-Base of Skull Surgery

Contact Information

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Medical Experience

Dr. Farhat finished his training in Ear, Nose and Throat Surgery at the American University of Beirut in 2003, there after he continued a subspecialty in Rhinology – Nasal and Sinus Surgery, Base of Skull surgery in Augusta, GA at the Medical College of Georgia, USA.

After coming back from USE, Dr. Farhat established an Allergy and Sinus center and joined Clemenceau Medical Center as an active consultant.

His interest is in Surgery for Nasal obstruction and snoring and Endoscopic Surgery for the sinuses, along with revision sinus surgery. He also treats kids with snoring, sleep apnea and recurrent Upper respiratory infections. Dr. Farhat is also interested in Cosmetic Surgery mainly Rhinoplasty and has an excellent experience in doing primary and revision Rhinoplasty.

Languages English, Arabic, and French

Memberships

Member of Lebanese Society of Physicians

Member of the American Academy of Otolaryngology-Head & Neck Surgery

International member of the American Rhinology Society

Member of the European Rhinology Society

Publications and Presentation

Poster: Farhat FT, Mikati MA, Dbaibo GS, Asaad W, Lteif L, Abou Rialy S. Comparision of Ceramide Levels After Experimental Status Epilepticus in Prepubescent and Adult Rats. The International Congress of Pediatrics, Amsterdam, *August 1998*

Poster and Presentation (Dr. Mikati): Mikati M, Rahmeh A, Kurdi R, **Farhat F**, Francis E, Geha G, Kaddoura R. Neuroprotective Effects of Creatine in Experimental Status Epilepticus. The 25th Congress of the Union of Middle-Eastern and Mediterranean Pediatric Societies, *April 1999*

Director Course Laboratory: First Annual Master's of Otolaryngology Symposiums: Advances in Rhinology-Sinus Surgery and Cadaver Dissection, Medical College of Georgia, USA. *October 2003*

Speaker: Anatomic measurements for the Endoscopic Modified Lothrop Procedure. **American Academy of Otolaryngology, Spring Meeting, COSM 2004**, Phoenix AZ, USA. *April 2004*

Speaker: Anatomic measurement for the Endoscopic Modified Lothrop Procedure. **Porubsky Symposium – Head and Neck, Cadaver Dissection**, Medical College of Georgia, USA. *June 2004*

Course Instructor: Advances in Rhinology-Sinus Surgery and Cadaver Dissection. Medical College of Georgia. Augusta, GA, USA. *October 2004*

Speaker: Mini Seminar: Stepwise Approach in Frontal Sinus Surgery. Middle East Update in Otolaryngology Conference Head and Neck Surgery. Dubai, UAE. *April 2008*

Poster Presentation: A gentle Reminder: Nasal Steroids and Glaucoma. The American Rhinology Society Annual Meeting. Chicago, USA. *September 2008*

Speaker: International Conference for Snoring and Obstructive Sleep Apnea: A Multidisciplinary Approach. Kuwait. *November 2008:*

- 1-Applied Nasal Physiology
- 2-Video Laryngoscopy for OSA: The Muller Test
- 3-Pediatric OSA: Management of Adenotonsillar Hypertrophy

Speaker-Organizer: First Allergy/Rhinology Workshop. Broumana, Lebanon. *February 2009*

- 1-Nasal Endoscopy: Diagnostic Tool in Rhinitis
- 2-Nasal Steroids and Glaucoma: Case presentation

Speaker: The Annual Meeting of the Lebanese Society of Otolaryngology-Head and Neck Surgery, *March 2009*

- 1-Empty Nose Syndrome
- 2-Surgery for the Inferior turbinates

Speaker: RhinoAlex 2009, Alexandria, Egypt. **October 2009**

- Sinonasal Lymphoma: Missed Nasal Obstruction

Speaker: Lebanese Society of Otolaryngology-Head and Neck Surgery, **February 2010**

1. Otolaryngologic Manifestation of Systemic Disease
2. The Patulous Eustachian Tube

Speaker: Lebanese Order of Physicians: **March 2010**

- Update on Rhinosinusitis and Nasal Polyposis

Speaker: Lebanese Society of Otolaryngology-Head and Neck Surgery, **October 2010**

- Advanced Frontal Sinus Surgery: The modified Lothrop Procedure

PUBLICATIONS

1. Mikati M, Lteif L, Abdul Jawad M, **Farhat F.** Time Course of Memory Impairment After Experimental Status Epilepticus. *Epilepsia*, 37 (Suppl. 5): 141, 1996.

2. **Farhat F**, Mikati M, Dbaibo G, El-Assaad W, Comiar Y, Abou Rialy S. Ceramide Levels Increase after Kainic Acid Induced Status Epilepticus. *Epilepsia*, **39 (Suppl. 6): 233, 1998.**
3. Mikati M, Abu Rialy S, Lteif L, **Farhat F**, Kaddoura-Daouk R, Neuroprotective Effects of Phosphogens in the Kainic Acid Model. *Epilepsia*, **39 (Suppl. 6): 233-34, 1998.**
4. Hamdan AL, Salman M, Mroueh S, Bitar F, **Farhat F**. Foreign body retrieval in children with respiratory symptoms and no history of aspiration. *Middle East J Anesthesiol*, **Oct; 15(6):673-80, 2000.**
5. Hamdan AL, Hadi U, **Farhat F**, Jammal H, Fuleihan N. Challenges in Tracheal Stenosis: Experience at the American University Medical Center. *Middle East J. Anesthesiol*, **16(2): 211-222, 2001.**
6. Hamdan AL, Moukarbel R, **Farhat F**, Obeid M. Vocal Cord paralysis after Open Heart. *Eur J Cardiothorac Surg.* **Apr; 21(4):671-4, 2002.**
7. Hamdan AL, Kahwagi G, **Farhat F**, Tawil A. Oncocytoma of the Nasal Septum: A Rare Cause of Epistaxis. *Otolaryngology-Head and Neck Surgery.* **April 126(5): 438-439, 2002.**
8. **Farhat F**, Djokic M, Naclerio R. Clinical problem solving: pathology: pathology qui case 2 : Extranodal natural killer (NK)/T-cell lymphoma (Epstein-Barr virus associated). *Arch Otolaryngol Head-Neck Surg* **Nov;128(11):1327-9, 2002.**
9. Mikati MA, Abi-Habib RJ, El Sabban M, Dbaibo G, Kurdi R, Kobeissi M, **Farhat F**, Asaad W. Hippocampal Programmed Cell Death after Status Epilepticus: Evidence for NMDA-Receptor and Ceramide Mediated Mechanisms. *Epilepsia.* **Mar; 44(3):282-91, 2003**
10. **Farhat F**, Kountakis SE. Endoscopic Modified Lothrop Procedure. Operative Techniques in *Otolaryngology-Head and Neck Surgery.* **March; 15(1): 4-7, 2004.**
11. Mohamad A Mikati, Rana M Kurdi, Amal A Rahmeh, **Firas Farhat**, Suha Abu Rialy, Lina Lteif, Elie Francis, George Geha, Wael Maraashli. Effects of creatine and cyclocreatine supplementation on kainite induced injury in pre-pubescent rats. *Brain injury: [BI] (Brain Inj).* **Dec 18 (12): 1229-41, 2004.**
12. **Farhat FT**, Figueroa RE, Kountakis SE. Anatomic measurements for the endoscopic modified Lothrop procedure. *Am J Rhinol.* **May-Jun; 19(3):293-6, 2005.**
13. Hamdan AL, Nabulsi MM, **Farhat FT**, Haidar RK, Fuleihan NS. When bone becomes marble: Head and Neck manifestations of osteopetrosis. *Paediatr Child Health.* **Jan: 11(1):37-40, 2006.**
14. Mikati MA, Injibar H, Kurdi RM, El Hokayem J, Abou Rialy S, Lteif L, Abdul Jawad M, Francis E, Geha G, **Farhat F**. Effects of magnesium sulfate in kainic acid-induced status epilepticus. *J Med Liban.* **Oct-Dec; 54(4):200-4, 2006.**